

Jeffrey A. Katz

Jeffrey A Katz formerly served as a police officer in Philadelphia and is a highly sought after instructor and trainer. His service as a police officer and experience in the media as a broadcaster and columnist led him to develop the course entitled “Why Would Anyone Want to Do That Job?” which is specifically directed at police academy recruits. Ideally, the course occurs when trainees have completed approximately 70% of their basic program. This instructional presentation has been extremely well received by trainees at both the municipal and state levels.

After his former partner attempted to commit suicide, Jeff began his deep dive into helping other law enforcement officers struggling with the unique demands of the profession. While we now talk about officer wellness more widely, when Jeff first began his efforts in this area, he dubbed the work “cops helping cops” and He’s continued supporting his family in blue for decades.

Jeff is a Board-Certified Mental Health Coach with a master level concentration in first responders. In addition, he is a Certified Advanced Peer Support Provider and college qualified adjunct instructor.

Jeff maintains active memberships in the Fraternal Order of Police, International Association of Chiefs of Police, International Critical Stress Foundation, International Law Enforcement Educators and Trainers Association and the Virginia Peer Support Association

He can be reached via email at jakatz@live.com or phone at (804) 596-6596. His website is www.jeffkatz.us.