

Elia Alfonso

Elia Alfonso is a Lieutenant with the City of Manassas Police Department. Originally from New Jersey, in 1999 she was hired as a police officer and relocated to Virginia. Her professional passion is in patrol operations and specializing in all areas of use of force. Her assignments have included administration, where she served as the hiring manager and in the Emergency Operations Center, and patrol division.

Lt. Alfonso has been a Defensive Tactics Instructor since 2008 and the Defensive Tactics Program Manager since 2014. As DT Program Manager, she is responsible for lesson plan development, teaching techniques, and providing court testimony. She has developed two use of force courses, "Managing Use of Force for 1st Line Supervisors" and "Use of Force - Roles and Responsibilities of the Officer." Lt. Alfonso also holds Taser Instructor and Force Science Analyst certifications and is a Crisis Negotiations Team leader.